



ST. VINCENT TO GRENADA

CAPTAINED BY KATHY PENNINGTON



DAY 1

ST. VINCENT

Upon your arrival at this beautiful island the experienced crew of Super Yacht Twilight will welcome you with drinks and canapés. After a quick safety brief we can begin our incredible holiday together!

A short sail up the West coast of St. Vincent will bring us to Wallilabou, a picturesque bay surrounded by beautiful dramatic hills. This is the heart of St. Vincent, a small island of charming and delightful people.

About a mile down the road lies the Wallilabou Heritage park where the lush and verdant landscape is home to numerous species of birds and wildlife. An inviting waterfall pours over boulders and feeds into a bathing pool surrounded by giant Samaan trees. Following the river downstream, it passes beneath a colonial-era dam that has been reclaimed by nature.

A wander to the waterfall and a refreshing dip can be enjoyed before coming back to the boat for sundowners.

TOTAL TRAVEL 10 NM - 1 HOUR



DAY 2

BEQUIA

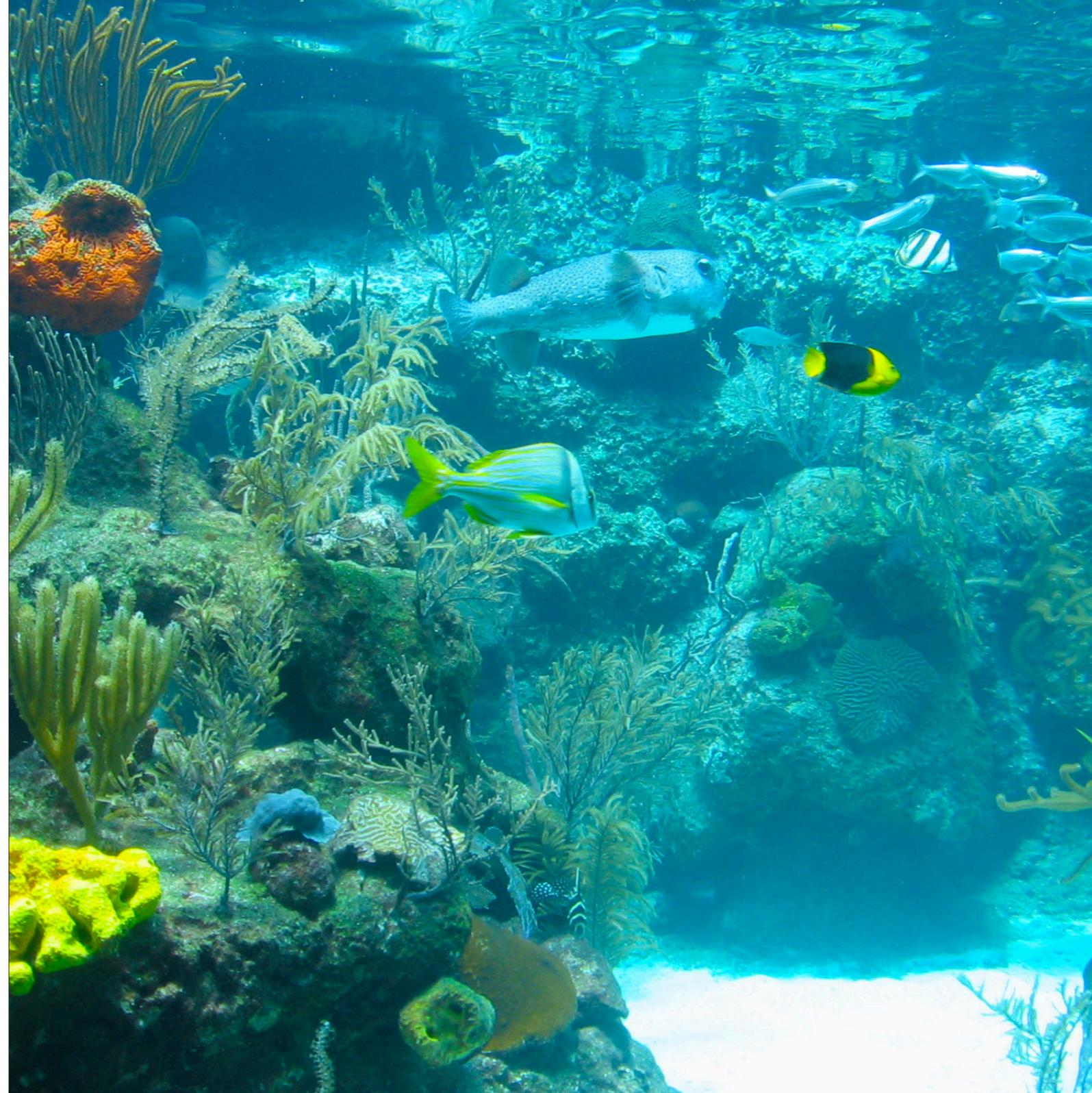
An early morning start will see us sail south to the breathtaking islands of the Grenadines, where our first stop will be Bequia.

Bequia, pronounced 'Beck-way', is possibly the most perfect island in the Grenadines, with its white sandy beaches, coral reefs and friendly people. Bequia has a long tradition of whaling and is one of the few places in the world where hunting them is still permitted. The island's whaling museum features exhibits on this practice and traces the island's boat building and seafaring past.

Scuba diving is very popular on the island and there are several wrecks and shallow caves for the more advanced diver to explore. Being one of the Caribbean's most outstanding diving spots there is plenty of wildlife to see in the waters around Bequia, including Hawksbill turtles, lobsters, Moray eels and many kinds of fish.

We spend the evening anchored off one of the most beautiful beaches on the island.

TOTAL TRAVEL 15 NM - 1.5 HOURS





DAY 3

MUSTIQUE

The history of the island of Mustique goes back to the fifteenth century when Spanish sailors first sighted a group of islands naming them 'Los Pajoros' or 'the birds' as they resembled a flock of tiny birds in flight. In the seventeenth century the islands were renamed The Grenadines and were frequented by pirates who used the sheltered bays to hide their ships and treasure. The Grenadines were later utilised by European planters to grow sugar until the discovery in the nineteenth century that sugar beet would grow in Europe. Mustique's sugar plantations were soon abandoned and eventually swallowed up by wild jungle leaving only the sugar mill at 'Endeavour' and its 'Cotton House.'

In 1958 Mustique was purchased by Lord Glenconner and under his guidance the island began to thrive once again. HRH The Princess Margaret accepted his generous gift of a ten

acre plot of land as a wedding present in 1960 on which she built a magnificent residence, 'Les Jolies Eaux.' In 1989 Mustique Island was transformed from a family estate into a community of people dedicated to maintaining and enhancing the island for generations to come.

Today Mustique retains its natural beauty and tranquillity offering guests one of the most secure and immaculate islands in the world. Mustique is a picturesque and secluded 1,400 acre island surrounded by nine beaches of pure white sand, with gently swaying coconut palms and warm turquoise waters.

Spend the day exploring the island and in the evening saunter over to the famous Basils Bar to listen to some good local music and soak up the atmosphere.



TOTAL TRAVEL 15 NM - 1.5 HOURS



DAY 4

CANOUAN ISLAND

Beautiful and secluded Canouan Island is a lush tropical paradise with expansive, white sandy beaches, crystal clear blue waters and a verdant green hilly terrain. It also has one of the largest living coral reefs in the Caribbean that teems with brightly coloured aquatic life offering incredible diving and snorkelling.

Alternatively, why not have a game of golf at the Jim Fazio designed champion golf course. Located within the breathtaking grounds of the luxurious Canouan Resort, it is said to be one of the most stunning golf courses in the world. Or if you prefer why not relax and let your worries ease away in one of their spas.

TOTAL TRAVEL 20 NM - 2 HOURS





DAY 5

MAYREAU & THE TOBAGO CAYS

An early start will see you wake in another Caribbean paradise. The smallest of all the Grenadine Islands is Mayreau, an unspoilt paradise that is home to approximately 300 inhabitants, mostly fishermen and their families.

An isolated island, Mayreau welcomes visitors that are in search of a remote get-away to relax and unwind. Enjoy a hike up to the village on top of the hill and savour some of the most amazing views of the Tobago cays.

After lunch we move around to anchor in the Tobago cays, an intimate cluster of five uninhabited cays, heavenly lagoons full of green turtles, coral reefs, colourful fish and crystal clear waters.

The Tobago Cays is a paradise for the water sports enthusiast and nature lover alike. Wind surfs and beach loungers are available for hire, and for the brave there is kite surfing!



TOTAL TRAVEL 1.5 NM - 1.5 HOURS



DAY 6

CARRIACOU

The fact that most people don't realise that there are three islands in the nation of Grenada is a fitting introduction to Carriacou. You won't find cruise ships, big resorts or souvenir shops here – this is Caribbean life the way it was 50 years ago - quiet, laid-back and relaxed.

Carriacou and Petite Martinique boasts the most beautiful coral reefs. Carriacou – the larger of the two – is known as the 'Land of Reefs', with shallow clear waters: ideal for snorkelling. Occupants of both islands are independent and fiercely traditional.

We can spend a couple of days cruising around these incredibly peaceful islands and savouring the true Caribbean lifestyle.

TOTAL TRAVEL 15 NM - 1.5 HOURS



DAY 7

GRENADA

Grenada, with its spectacular landscapes, has the perfect balance, appealing to both the adventurer and beach dweller. On this picturesque and petite island, you can swim in the crystal clear waters of Grand Anse Beach then trek through the rainforest of Seven Sisters Waterfalls, all within a day.

The National Museum in the capital city of St. George's, the Carriacou Museum on the island of Carriacou and Rome Museum at Walker in the Parish of St. Andrew house collections of rare antiques and collectibles from Grenadians of the past. There are also several preserved historical sites to visit where invasions, battles and tragedies took place throughout the colourful history of the area.

It is here where our adventure together will come to an end. We hope you have enjoyed your time on board S/Y Twilight and take with you wonderful memories that will last a lifetime.

TOTAL TRAVEL 40 NM - 4 HOURS





TWILIGHT

— DOUGLAS —