



ST. LUCIA TO TOBAGO

2ND - 16TH JANUARY 2017

CAPTAINED BY KATHY PENNINGTON



DAY 1

ST. LUCIA

Upon your arrival at this beautiful island the happy and experienced crew of Super Yacht Twilight will welcome you with drinks and canapés. After a quick safety brief we can begin our incredible holiday together!

St. Lucia's charm lies, above all, in the spectacular mountains, magnificent beaches and small unspoilt villages. The best known geological phenomenon, the Duex Pitons, are two amazing volcanic 'sugar loaves' which have become the national emblem.

In the afternoon you could have a wonder through the Diamond falls Botanical Gardens and enjoy a relaxing soak in the historical mineral baths. This naturally beautiful site offers a huge range of diverse tropical flowers and plant life.

A relaxing evening anchorage with the Pitons in the background brings the first day to an end.

TOTAL TRAVEL 10NM - 1 HOUR



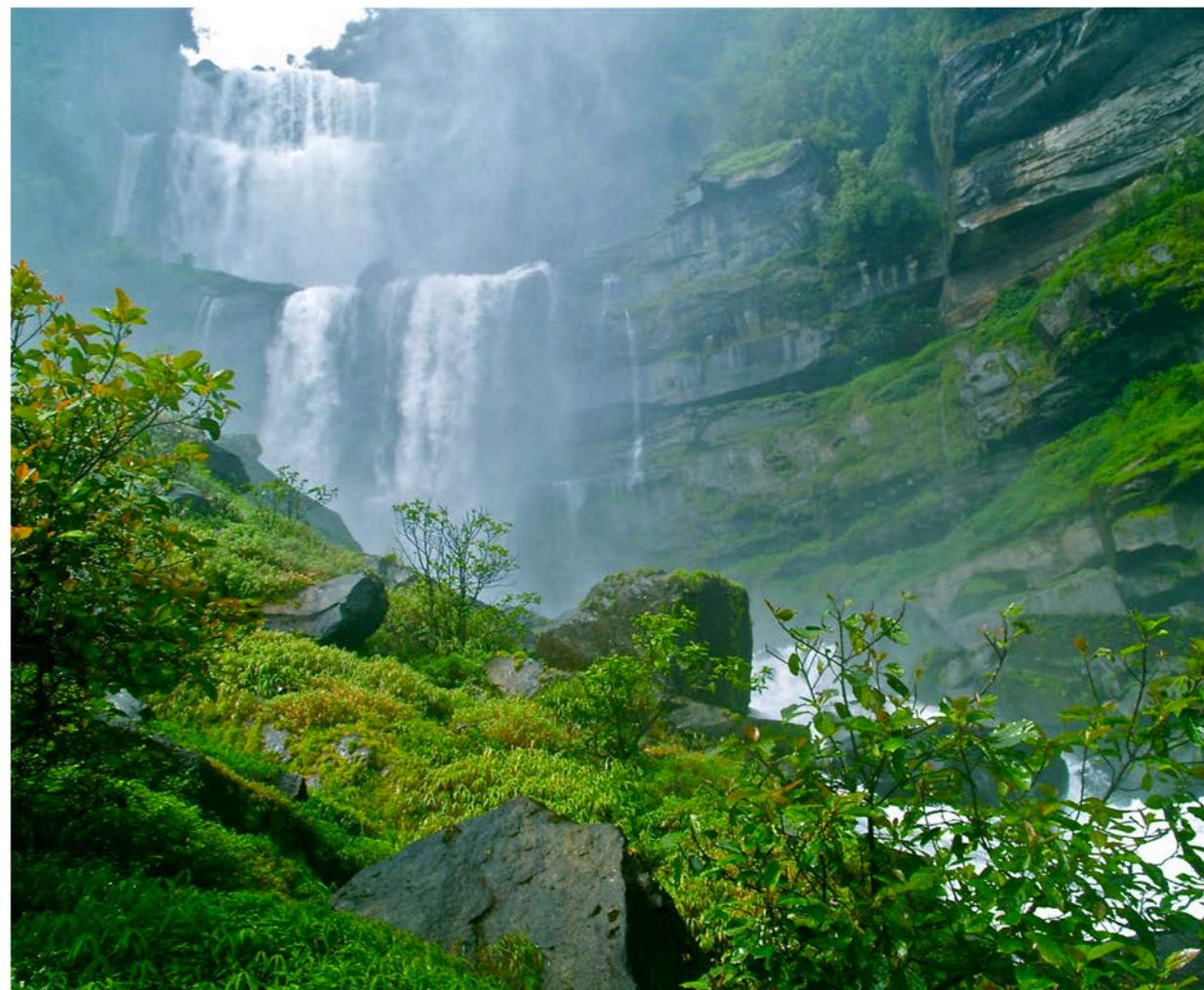
DAY 2

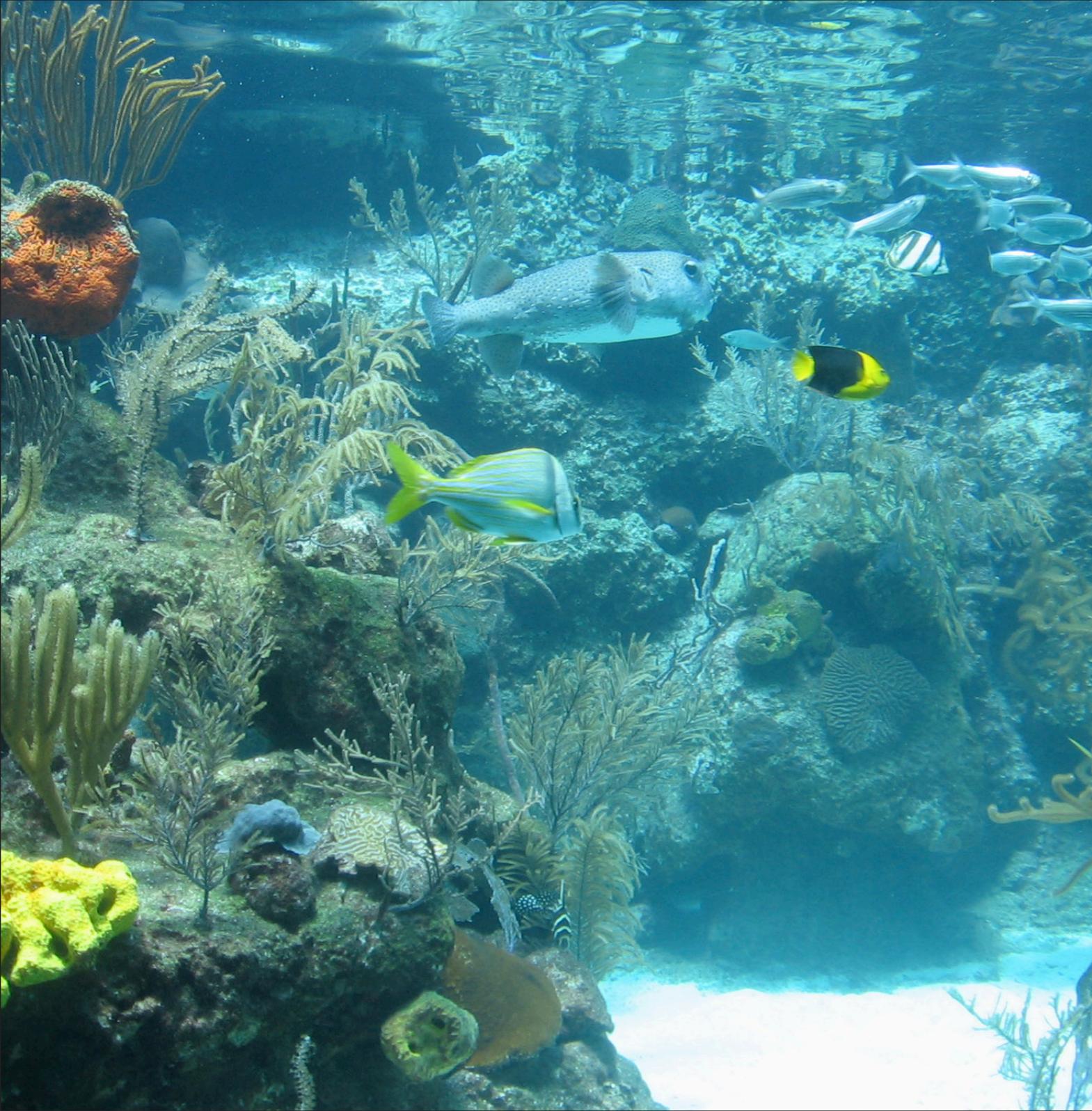
ST. VINCENT

An early morning start will see us sail away towards St Vincent and the Grenadine Islands. We stop in Kingstown, which is the capital of St Vincent and lovingly referred to as 'The City of Arches'. It is a lively town and the close proximity to the wharf adds an extra vitality, noise and colour to the small but bustling capital.

While we complete customs clearance, you can explore the arches, cobbled streets, magnificent churches and historic stone buildings, as well as the fort. After lunch, we continue to the small island of Bequia where we will spend the night.

TOTAL TRAVEL 60NM - 6 HOURS





DAY 3

BEQUIA

Bequia, pronounced 'Beck-way', is possibly the most perfect island in the Grenadines, with its white sandy beaches, coral reefs and friendly people. Bequia has a long tradition of whaling and is one of the few places in the world where their hunting is still permitted. The island's whaling museum features exhibits on the history of boat building and whaling, tracing the island's seafaring past.

Scuba diving is very popular on the island and there are several wrecks and shallow caves for the more advanced diver to explore. Being one of the Caribbean's most outstanding diving spots there is plenty of wildlife to see in the waters around Bequia, including Hawksbill turtles, lobsters, Moray eels and many kinds of fish.

We spend the evening anchored off one of the most beautiful beaches here.

TOTAL TRAVEL 5NM - 30 MINS



DAY 4

MUSTIQUE

The history of the island of Mustique goes back to the fifteenth century when Spanish sailors first sighted a group of islands naming them 'Los Pajoros' or 'the birds' as they resembled a flock of tiny birds in flight. In the seventeenth century the islands were renamed The Grenadines and were frequented by pirates who used the sheltered bays to hide their ships and treasure. The Grenadines were later utilised by European planters to grow sugar until the discovery in the nineteenth century that sugar beet would grow in Europe. Mustique's sugar plantations were soon abandoned and eventually swallowed up by wild jungle leaving only the sugar mill at 'Endeavour' and its 'Cotton House.'

In 1958 Mustique was purchased by Lord Glenconner and under his guidance the island began to thrive once again. HRH The Princess

Margaret accepted his generous gift of a ten-acre plot of land as a wedding present in 1960 on which she built a magnificent residence, 'Les Jolies Eaux.' In 1989 Mustique Island was transformed from a family estate into a community of people dedicated to maintaining and enhancing the island for generations to come.

Today Mustique retains its natural beauty and tranquility by protecting the environment and offering guests one of the most secure and pristine islands in the world. Mustique is a picturesque and secluded 1,400 acre island surrounded by nine beaches of pure white sand, with gently swaying coconut palms and warm turquoise waters. Spend the day exploring the island and in the evening saunter over to the famous Basils Bar to listen to some good local music and soak up the atmosphere.



TOTAL TRAVEL 15NM - 1.5 HOURS



DAY 5

CANOUAN ISLAND

Beautiful and secluded Canouan Island is a lush tropical paradise with expansive, white sandy beaches, crystal clear blue waters and a verdant green hilly terrain. It also has one of the largest living coral reefs in the Caribbean that teems with brightly coloured aquatic life offering incredible diving and snorkelling.

Alternatively why not have a game of golf at the Jim Fazio designed champion golf course. Located within the breath taking grounds of the luxurious Canouan Resort, it is said to be one of the most stunning golf courses in the world.



TOTAL TRAVEL 15NM - 1.5 HOURS



DAY 6

MAYREAU

Breath taking, awe-inspiring, and pristine are three words that come to mind when one thinks of the island of Mayreau. The smallest of all the Grenadine Islands, Mayreau Island is home to approximately 300 inhabitants, mostly fishermen and their families as well as individuals involved in the tourism industry.

An isolated island, Mayreau welcomes visitors that are in search of a remote get-away to relax and unwind. Enjoy a hike up to the village on the top of the hill and savour some of the most amazing views of the Tabogo cays.



TOTAL TRAVEL 15NM - 1.5 HOURS



DAY 7

TOBAGO CAYS

Imagine an intimate cluster of five uninhabited cays, heavenly lagoons, full of green turtles, coral reefs, colourful fishes and crystal clear waters – Welcome to the Tobago Cays!

The Tobago Cays is a paradise for the water sports enthusiast and nature lover alike. Wind surfers or lazars are available for hire, or for the brave, kite surfing!

TOTAL TRAVEL 5NM - 30 MINS





DAY 8

UNION ISLAND

Hiking around Union Island is a great way to discover its landscape and enjoy the most stunning views.

You can choose to walk along the coast line and reach Chatham Bay or Bloody Bay by foot. Alternatively hike to the fort on the top of Clifton for an amazing 360 degree view or to the highest peak of Mount Taboy.

There are many boutiques and local restaurants on the island to explore or for an easy day just enjoy a cocktail on the aft deck and soak up the sunshine.

TOTAL TRAVEL 15NM - 1.5 HOURS



DAY 9 & 10

CARRIACOU

The fact that most people don't realise that there are three islands in the nation of Grenada is a fitting introduction to Carriacou. You won't find cruise ships, big resorts or souvenir shops here – this is Caribbean life the way it was 50 years ago - quiet, laid-back and relaxed.

Carriacou and Petite Martinique boasts the most beautiful coral reefs. Carriacou – the larger of the two – is known as the 'Land of Reefs', with shallow clear waters: ideal for snorkelling. Occupants of both islands are independent and fiercely traditional.

We can spend a couple of days cruising around these incredibly peaceful islands and savouring the true Caribbean lifestyle.

TOTAL TRAVEL 30NM - 3 HOURS



DAY 11 & 12

GRENADA

Grenada, with its breath-taking landscapes, has the perfect balance, appealing to both the adventurer and beach dweller. On this picturesque and petite island, you can swim in the crystal clear waters of Grand Anse Beach then trek through the rainforest of Seven Sisters Waterfalls, all within a day.

The National Museum in the capital city of St. George's, the Carriacou Museum on the island of Carriacou and Rome Museum at Walker in the Parish of St. Andrew house collections of rare antiques and collectibles from Grenadians of the past. There are also several preserved historical sites to visit where invasions, battles and tragedies took place throughout the colourful history of the area.

A gentle sail around this island, stopping for lunches and quaint anchorages for the evening can be enjoyed.

TOTAL TRAVEL 50NM - 5 HOURS

OVERNIGHT SAIL / EARLY MORNING
START TO TABAGO - 80NM - 8 HOURS





DAY 13 & 14

TOBAGO

Tobago is a beautiful and fertile island, with almost every western European colonial power having fought for it's soil over the years. It's rich history is evident in the names of the villages you drive through – Plymouth, Argyle, Les Coteaux, Glamorgan, Goodwood and Parlatuvier to mention a few.

From here we can sail over to Goat Island and Little Tobago which is home to a 450 acre bird sanctuary where an inland tour of the island is definitely recommended. Horse riding, hiking or visiting cocoa plants are just a few activities that can be enjoyed.

It is here where our visit will come to an end. We hope you have enjoyed you time on board S/Y Twilight and take with you wonderful memories that will last a lifetime.



TOTAL TRAVEL 45NM - 4.5 HOURS



TWILIGHT